



Menu is Subject to Change

JANUARY 2025

Shenandoah JK-8 Lunch

Low-Fat and Fat-Free Milk is Offered with every meal

Monday

Tuesday

Wednesday

Thursday

Friday



Student Lunch-
JK-4 \$2.45
5-8 \$2.65
Adult Lunch \$4.85
Extra Entrée \$1.50
Extra Milk \$0.40

No School **2**

No School **3**

Chicken Drumstick w/Biscuit Or Ham Sub Peas Apple or Peaches Veggie Bar Choice of Milk **6**

Hardshell Tacos (2) Or Ham Sub Black Beans Juicy Juice or Strawberries Veggie Bar Choice of Milk **7**

BBQ Rib Sandwich Or Ham Sub French Fries Applesauce or Diced Pears Veggie Bar Choice of Milk Dessert **8**

Orange Chicken or Ham Sub Fortune Cookie, Rice Pilaf Mandarin Oranges or Applesauce Veggie Bar Choice of Milk **9**

French Bread Pizza Or Ham Sub Green Beans Mixed Fruit Cup or Strawberries Veggie Bar Choice of Milk **10**

Savory Chicken Sandwich Or Turkey, Bacon & Cheese Wrap California Veggies, Peaches or Apple Veggie Bar Choice of Milk **13**

Chicken Nuggets w/roll or Turkey, Bacon & Cheese Wrap Mashed Potatoes Apple or Juicy Juice Veggie Bar Choice of Milk **14**

Cheeseburger Or Turkey, Bacon & Cheese Wrap French Fries Watermelon or Applesauce Veggie Bar Choice of Milk Dessert **15**

Meatball Sub or Turkey, Bacon & Cheese Wrap Peas Diced Pears or Peaches Veggie Bar Choice of Milk **16**

Stuffed Crust Pizza or Turkey, Bacon & Cheese Wrap Cucumbers Strawberries or Orange Veggie Bar Choice of Milk **17**

No School **20**

Macho Nacho Or Fillie Sub Refried Beans Peaches or Banana Veggie Bar Choice of Milk **21**

Pepperoni Bosco or Fillie Sub Green Beans Applesauce or Mixed Berries Veggie Bar Choice of Milk Dessert **22**

Chicken Tenders w/Bread Or Fillie Sub Corn Juicy Juice or Applesauce Veggie Bar Choice of Milk **23**

Turkey and Noodles w/roll Or Fillie Sub Mashed potatoes Grapes or Juicy Juice Veggie Bar Choice of Milk **24**

Chicken Patty Sandwich Or Fresh Turkey Sub Broccoli and Cheese Apple or Orange Veggie Bar Choice of Milk **27**

Chicken Alfredo w/ Bread Or Fresh Turkey Sub Celery Stick w/dip Applesauce or Peaches Veggie Bar Choice of Milk **28**

Tenderloin Sandwich Or Fresh Turkey Sub Corn Strawberries or Orange Veggie Bar Choice of Milk Dessert **29**

Mashed Potato Bowl w/roll Or Turkey Sub Apple or Juicy Juice Veggie Bar Choice of Milk **30**

Cheese BoscOs or Turkey Sub Green Beans Apple or Mixed Fruit Veggie Bar Choice of Milk **31**

This Institute is an Equal Opportunity Provider

Veggie bar = (Included with 1st meal option) Tossed Salad, Broccoli, Carrots, Garbanzo Beans

